

## Sample Menu

	<b>Monday</b>	<b>Tue</b>	<b>Wed</b>	<b>Thurs</b>	<b>Fri</b>
<b><u>Lunch</u></b>	Vegetable curry	Chicken and broccoli pasta	Tuna veg and potato pie	Spaghetti bolognese	Corned beef hash
<b><u>Pudding</u></b>	Yoghurt	Fruit salad	Jelly	Fruit crumble	Flap jacks
<b><u>Snack/Tea</u></b>	Beans on toast	Mackerel on toast	Egg on toast	Homemade soup	Picnic

	<b>Monday</b>	<b>Tue</b>	<b>Wed</b>	<b>Thurs</b>	<b>Fri</b>
<b><u>Lunch</u></b>	Sausage and tomato hotpot	Cheesy bean pie	Chilli and rice	Salmon and pea pasta	Scouse
<b><u>Pudding</u></b>	Rice pudding	Yoghurt	Fruit crumble	Fruit salad	Jelly
<b><u>Snack/Tea</u></b>	Cheese and crackers	Spaghetti on toast	Home made soup	picnic	Beans on toast

	<b>Monday</b>	<b>Tue</b>	<b>Wed</b>	<b>Thurs</b>	<b>Fri</b>
<b><u>Lunch</u></b>	Cottage pie	Ham and mushroom pasta	Vegetable lasagne	Chicken curry	Fish pie
<b><u>Pudding</u></b>	Cake and custard	Rice pudding	Yoghurt	Jelly	Crispy cake
<b><u>Snack/Tea</u></b>	Homemade soup	Cheese on toast/ cauliflower cheese	Jacket potatoes & variety of fillings	Mackerel on toast	Picnic

	<b>Monday</b>	<b>Tue</b>	<b>Wed</b>	<b>Thurs</b>	<b>Fri</b>
<b><u>Lunch</u></b>	Fish fingers mash and peas	Scouse	Chicken and bacon pasta	Vegetable pasta bake	Sausage casserole
<b><u>Pudding</u></b>	Yoghurt	Fruit salad	Jelly	Fruit crumble	Flap jacks
<b><u>Snack/Tea</u></b>	Beans on toast	Mackerel on toast	Egg on toast	Homemade soup	Picnic

	<b>Monday</b>	<b>Tue</b>	<b>Wed</b>	<b>Thurs</b>	<b>Fri</b>
<b><u>Lunch</u></b>	Cowboy mince, yorkshire pudding and potatoes	Tuna and sweetcorn pasta	Spaghetti bolognese	Corned beef hash	Vegetable pasta bake
<b><u>Pudding</u></b>	Rice pudding	Yoghurt	Fruit crumble	Fruit salad	Jelly
<b><u>Snack/Tea</u></b>	Cheese and crackers	Spaghetti on toast	Home made soup	picnic	Beans on toast